

# Monthly Teaching Plan

Subject.....Anatomy.....

| Month<br>Aug<br>2021 | Class | Available |           | Topic                   |           |        |
|----------------------|-------|-----------|-----------|-------------------------|-----------|--------|
|                      |       | Theory    | Practical | Theory                  | Practical | Clinic |
| 2/8                  |       |           |           | Intro. to Osteology     |           |        |
| 3/8                  |       |           |           | — 1 —                   |           |        |
| 4/8                  |       |           |           | osteology of up. limb   |           |        |
| 5/8                  |       |           |           | up limb bone            |           |        |
| 9/8                  |       |           |           | — 1 —                   |           |        |
| 10/8                 |       |           |           | — 1 —                   |           |        |
| 11/8                 |       |           |           | — 1 —                   |           |        |
| 12/8                 |       |           |           | — 1 —                   |           |        |
| 16/8                 |       |           |           | — 1 —                   |           |        |
| 17/8                 |       |           |           | — 1 —                   |           |        |
| 18/8                 |       |           |           | osteology of lower limb |           |        |
| 19/8                 |       |           |           | low limb bone           |           |        |
| 23/8                 |       |           |           | — 1 —                   |           |        |
| 24/8                 |       |           |           | — 1 —                   |           |        |
| 25/8                 |       |           |           | — 1 —                   |           |        |
| 26/8                 |       |           |           | — 1 —                   |           |        |
| 30/8                 |       |           |           | — 1 —                   |           |        |
| 31/8                 |       |           |           | — 1 —                   |           |        |

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| Month   | Class           | Available |
|---------|-----------------|-----------|
| Sept-21 | 1 <sup>st</sup> | Theory    |
| 2/9     |                 |           |
| 3/9     |                 |           |
| 4/9     |                 |           |
| 5/9     |                 |           |
| 6/9     |                 |           |
| 7/9     |                 |           |
| 8/9     |                 |           |
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| 28/9    |                 |           |
| 29/9    |                 |           |
| 30/9    |                 |           |

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# Monthly Teaching Plan

Subject.....Anatomy.....

| Date    | Class           | Available |           | Topic                         |           |        |
|---------|-----------------|-----------|-----------|-------------------------------|-----------|--------|
|         |                 | Theory    | Practical | Theory                        | Practical | Clinic |
| Sept 21 | 1 <sup>st</sup> |           |           | Introduction to thoracic cage |           |        |
| 21      |                 |           |           | Thoracic cage                 |           |        |
| 22      |                 |           |           | Thoracic cage                 |           |        |
| 23      |                 |           |           | Thoracic cage                 |           |        |
| 24      |                 |           |           | A.v. aids pleura              |           |        |
| 25      |                 |           |           | — II —                        |           |        |
| 26      |                 |           |           | — I —                         |           |        |
| 27      |                 |           |           | A.v. aids mediastinum         |           |        |
| 28      |                 |           |           | — II —                        |           |        |
| 29      |                 |           |           | — II —                        |           |        |
| 30      |                 |           |           | — II —                        |           |        |
|         |                 |           |           | Demonstration heart           |           |        |
|         |                 |           |           | — II —                        |           |        |
|         |                 |           |           | — II —                        |           |        |
|         |                 |           |           | — II —                        |           |        |
|         |                 |           |           | — II —                        |           |        |
|         |                 |           |           | Demonstration lung            |           |        |
|         |                 |           |           | — II —                        |           |        |
|         |                 |           |           | — —                           |           |        |

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# Monthly Teaching Plan

Subject..... Anatomy .....

| Month<br>2021<br>Dec | Class | Available |           | Topic                 |           |        |
|----------------------|-------|-----------|-----------|-----------------------|-----------|--------|
|                      |       | Theory    | Practical | Theory                | Practical | Clinic |
| 1/12                 |       |           |           | Revision on osteology |           |        |
| 2/12                 |       |           |           | — H —                 |           |        |
| 3/12                 |       |           |           | — H —                 |           |        |
| 7/12                 |       |           |           | — H —                 |           |        |
| 8/12                 |       |           |           | — U —                 |           |        |
| 9/12                 |       |           |           | — H —                 |           |        |
| 13/12                |       |           |           | Revision on organs    |           |        |
| 14/12                |       |           |           | — H —                 |           |        |
| 15/12                |       |           |           | — H —                 |           |        |
| 16/12                |       |           |           | — H —                 |           |        |
| 20/12                |       |           |           | — H —                 |           |        |
| 21/12                |       |           |           | — H —                 |           |        |
| 22/12                |       |           |           | — H —                 |           |        |
| 23/12                |       |           |           | — H —                 |           |        |
| 27/12                |       |           |           | — H —                 |           |        |
| 28/12                |       |           |           | — H —                 |           |        |
| 29/12                |       |           |           | — H —                 |           |        |
| 30/12                |       |           |           | — H —                 |           |        |

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1st BAMS

Teaching Plan

- Anatomy

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Month

March 2021

1/3

2/3

8/3

9/3

15/3

16/3

22/3

23/3

29/3

30/3

Theory Topic

Introduction

Intro. to Gen Anatomy

Intro. to Bones

classification of bones

→

Cartilage

Intro. to Joints

classification of jts

→

Intro. to Muscles

Month

April 2021

5/4

6/4

12/4

13/4

19/4

20/4

26/4

27/4

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| Month      | Theory Topic                  | Days          |
|------------|-------------------------------|---------------|
| April 2021 |                               | 15/04 - 20/04 |
| 5/4        | Types of muscles              | 1/18          |
| 6/4        | Cardiovascular system         | 2/18          |
| 12/4       | — 1 —                         | 2/18          |
| 13/4       | Nervous system                | 2/18          |
| 19/4       | Connective tissue & ligaments | 2/18          |
| 20/4       | Intro. to up. limb            | 2/18          |
| 26/4       | Upper limb bones              | 2/18          |
| 27/4       | — 11 —                        | 2/18          |

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## Monthly Teaching Plan

## Anatomy

| Month      | Theory Topic               | Month       |
|------------|----------------------------|-------------|
| May - 2021 |                            | June - 2021 |
| 3/5        | Breast                     | 1/6         |
| 4/5        | — " —                      | 7/6         |
| 10/5       | Muscles of pectoral region | 8/6         |
| 11/5       | — " —                      | 14/6        |
| 17/5       | clavipectoral fascia       | 15/6        |
| 18/5       | Axilla                     | 21/6        |
| 24/5       | Axillary artery            | 22/6        |
| 25/5       | — " —                      | 28/6        |
|            |                            | 29/6        |

  
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| Month     | Thema | Topic                             |  |
|-----------|-------|-----------------------------------|--|
| June-2021 |       |                                   |  |
| 1/6       |       | Brachial plexus                   |  |
| 7/6       |       | → →                               |  |
| 8/6       |       | Mus. of scapular reg <sup>n</sup> |  |
| 14/6      |       | → →                               |  |
| 15/6      |       | Anastomosis (scapula)             |  |
| 21/6      |       | Front of arm                      |  |
| 22/6      |       | → →                               |  |
| 28/6      |       | Musculocutaneous N.               |  |
| 29/6      |       | Brachial Artery.                  |  |

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## Monthly Teaching Plan

## Anatomy

| Month      | Theory Topic           |     | Month      |
|------------|------------------------|-----|------------|
| Jul - 2021 |                        |     | Aug - 2021 |
| 5/7        | Anatommesis (elbow jt) | 2/1 | 2/8        |
| 6/7        | Cubital fossa          | 2/2 | 3/8        |
| 12/7       | Back of arm            | 2/3 | 9/8        |
| 13/7       | Radial N.              | 2/4 | 10/8       |
| 19/7       | Front of forearm       | 2/5 | 16/8       |
| 20/7       | — " —                  | 2/6 | 17/8       |
| 26/7       | Radial artery          | 2/7 | 23/8       |
| 27/7       | Ulnar artery           | 2/8 | 24/8       |
|            |                        | 2/9 | 30/8       |
|            |                        |     | 31/8       |

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Subject..... Anatomy

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# Monthly Teaching Plan

November 2021

Subject.....Anatomy

| Month    | Class   | Available |           | Topic                     |                |        | Month   |
|----------|---------|-----------|-----------|---------------------------|----------------|--------|---------|
|          |         | Theory    | Practical | Theory                    | Practical      | Clinic |         |
| 8/11/21  | 1st BHM | T         | P         | Fallopian Tube            | Demo Line      |        | 1/12/21 |
| 9/11/21  | "       | "         | P         | Fallopian Tube            | Demo Line      |        | 2/12    |
| 10/11/21 | "       | "         | P         | Ovary                     | Demo Line      |        | 3/12    |
| 11/11    | "       | "         | P         | Ovary                     | Demo Line      |        | 6/12    |
| 12/11    | "       | "         |           | Peritoneal Cavity         |                |        | 7/12    |
| 15/11    | "       | "         | P         | Peritoneal Cavity         | Demo spleen    |        | 8/12    |
| 16/11    | "       | "         | P         | Peritoneal Cavity         | Demo spleen    |        | 9/12    |
| 17/11    | "       | "         | P         | External genitalia Female | Demo spleen    |        | 10/12   |
| 18/11    | "       | "         | P         | External genitalia Female | Demo spleen    |        | 13/12   |
| 22/11    | "       | "         | P         | Male external genitalia   | Demo spleen    |        | 14/12   |
| 23/11    | "       | "         | P         | Male external genitalia   | Demo spleen    |        | 15/12   |
| 24/11    | "       | "         | P         | Male external genitalia   | Demo Line HOTA |        | 16/12   |
| 25/11    | "       | "         | P         | Penis                     | Demo Line HOTA |        | 17/12   |
| 26/11    | "       | "         |           | Penis                     |                |        | 20/12   |
| 29/11    | "       | "         | P         | Penis                     | Demo Line HOTA |        | 21/12   |
| 30/11    | "       | "         | P         | Scrotum                   | Demo Line HOTA |        | 22/12   |
|          |         |           |           |                           |                |        | 23/12   |
|          |         |           |           |                           |                |        | 24/12   |
|          |         |           |           |                           |                |        | 25/12   |
|          |         |           |           |                           |                |        | 26/12   |
|          |         |           |           |                           |                |        | 27/12   |
|          |         |           |           |                           |                |        | 28/12   |
|          |         |           |           |                           |                |        | 29/12   |
|          |         |           |           |                           |                |        | 30/12   |

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# Monthly Teaching Plan

December 2021

Subject... Anatomy .....

| Clinic | Month   | Class    | Available |           | Topic                  |                 |        |
|--------|---------|----------|-----------|-----------|------------------------|-----------------|--------|
|        |         |          | Theory    | Practical | Theory                 | Practical       | Clinic |
|        | 1/12/21 | 281 RHMS | T         | P         | Section                | Histology basic |        |
|        | 2/12    | "        | "         | P         | Histology Stomach      | Hist Practice   |        |
|        | 3/12    | "        | "         |           | Histology Trachea      | Hist Prac       |        |
|        | 4/12    | "        | "         | P         | Histology - oesophagus | Hist Practice   |        |
|        | 5/12    | "        | "         | P         | Hist - spleen          | Hist Practice   |        |
|        | 6/12    | "        | "         | P         | Hist - Bronchus        | Hist Practice   |        |
|        | 7/12    | "        | "         | P         | Hist Lungs             | Hist Practice   |        |
|        | 8/12    | "        | "         |           | Hist. Larynx           |                 |        |
|        | 9/12    | "        | "         | P         | Hist. Liver            | Demo Organ      |        |
|        | 10/12   | "        | "         | P         | Hist Pancreas          | Demo Organ      |        |
|        | 11/12   | "        | "         | P         | Hist Kidney            | Demo Organ      |        |
|        | 12/12   | "        | "         | P         | Hist. Testis           | Demo Organ      |        |
|        | 13/12   | "        | "         |           | Hist. Uterus           |                 |        |
|        | 14/12   | "        | "         | P         | Hist. Ovary            | Demo. Testis    |        |
|        | 15/12   | "        | "         | P         | Hist. Penis            | Demo Penis      |        |
|        | 16/12   | "        | "         | P         | Hist. Revision         | Revision        |        |
|        | 17/12   | "        | "         | P         | Hist Revision          | Demo Revision   |        |
|        | 18/12   | "        | "         |           | Hist Revision          |                 |        |
|        | 19/12   | "        | "         | P         | Hist Revision          | Demo Revision   |        |
|        | 20/12   | "        | "         | P         | Hist Revision          | Demo Revision   |        |



### Methods

[illegible]